

---

**National Life Insurance Company**  
**National Variable Annuity Account II**  
**National Variable Life Insurance Account**

**Supplement dated December 15, 2009**

**to the Prospectuses dated May 1, 2009, each as supplemented October 1, 2009 and December 8, 2009  
for the Varitrak, Investor Select  
and Sentinel Estate Provider Policies**

**and**

**to the Prospectus dated May 1, 2009, as supplemented October 1, 2009 and December 8, 2009  
for the Sentinel Advantage Variable Annuity Contract**

The policies or contracts listed above issued by National Life Insurance Company (“we” or “us”) have investment options that invest in the Van Eck Worldwide Real Estate Fund (the “Worldwide Real Estate Fund”), a series of the Van Eck Worldwide Insurance Trust. We have been informed that the Worldwide Real Estate Fund will be liquidated on December 18, 2009 (the “Liquidation Date”). The original liquidation date of December 8, 2009, was postponed. After the Liquidation Date, all contract or policy values in the subaccount that invests in the Worldwide Real Estate Fund will be transferred to the subaccount that invests in the Sentinel Variable Products Money Market Fund.

If you have any questions, please contact us at 1-800-732-8939.

**THIS SUPPLEMENT SHOULD BE READ CAREFULLY TOGETHER WITH THE APPLICABLE PROSPECTUS,  
AND BOTH DOCUMENTS SHOULD BE KEPT TOGETHER FOR FUTURE REFERENCE.**

---

**National Life Insurance Company**  
**National Variable Annuity Account II**  
**National Variable Life Insurance Account**

**Supplement dated December 8, 2009**

**to the Prospectuses dated May 1, 2009, each as supplemented October 1, 2009**  
**for the Varitrak, Investor Select**  
**and Sentinel Estate Provider Policies**

**and**

**to the Prospectus dated May 1, 2009, as supplemented October 1, 2009**  
**for the Sentinel Advantage Variable Annuity Contract**

The policies or contracts listed above issued by National Life Insurance Company (“we” or “us”) have investment options that invest in the Van Eck Worldwide Real Estate Fund (the “Worldwide Real Estate Fund”), a series of the Van Eck Worldwide Insurance Trust. We have been informed that the liquidation of the Worldwide Real Estate Fund, originally scheduled to occur on or about December 8, 2009, has been postponed. At this time, no new liquidation date has been announced.

If you have any questions, please contact us at 1-800-732-8939.

**THIS SUPPLEMENT SHOULD BE READ CAREFULLY TOGETHER WITH THE APPLICABLE PROSPECTUS,  
AND BOTH DOCUMENTS SHOULD BE KEPT TOGETHER FOR FUTURE REFERENCE.**

---

**National Life Insurance Company**  
**National Variable Annuity Account II**  
**National Variable Life Insurance Account**

**Supplement dated October 1, 2009**

**to the Prospectuses dated May 1, 2009**  
**for the Varitrak, Investor Select**  
**and Sentinel Estate Provider Policies**

**and**  
**to the Prospectus dated May 1, 2009**  
**for the Sentinel Advantage Variable Annuity Contract**

The policies or contracts listed above issued by National Life Insurance Company (“we” or “us”) have investment options that invest in the Van Eck Worldwide Real Estate Fund (the “Worldwide Real Estate Fund”), a series of the Van Eck Worldwide Insurance Trust (the “Trust”). We have been informed by the Board of Trustees of the Trust that they have approved a Plan of Liquidation and Dissolution (the “Plan of Liquidation”) for the Worldwide Real Estate Fund. Under the Plan of Liquidation, the Worldwide Real Estate Fund will be liquidated on or about December 8, 2009 (the “Liquidation Date”).

In preparation for the liquidation, the Worldwide Real Estate Fund will be not be available as an investment option under policies or contracts issued on or after October 5, 2009.

For owners who purchased their policies or contracts before October 5, 2009, after the Liquidation Date, all contract or policy values in the subaccount that invests in the Worldwide Real Estate Fund will be transferred to the subaccount that invests in the Sentinel Variable Products Money Market Fund (the “Money Market Fund”).

If you do not want to be invested in the Money Market Fund, you should transfer to another subaccount and adjust any automatic transactions that you may have established accordingly. Transfers made from any subaccount that invests in the Worldwide Real Estate Fund or, after the Liquidation Date, the Money Market Fund, will not count against the number of free transfers allowed until after February 6, 2010, and we will waive any fee otherwise applicable to such transfers.

If you have any questions, please contact us at 1-800-732-8939.

**THIS SUPPLEMENT SHOULD BE READ CAREFULLY TOGETHER WITH THE APPLICABLE PROSPECTUS,  
AND BOTH DOCUMENTS SHOULD BE KEPT TOGETHER FOR FUTURE REFERENCE.**